



## Personal Disclaimer Form

I hereby undertake and commit not to use Alford & District Men's Shed (ADMS) machinery, equipment and tools until I have demonstrated to a Supervisor, an acceptable level of competence to do so safely. I take responsibility for my own safety and the safety of others.

I agree that all the activities which I undertake in ADMS's premises and any other areas where activities are carried out under the auspices of ADMS, are undertaken at my own risk.

In consideration of a like exemption given to me by each other Member of ADMS, I hereby give exemption to each other Member against liability for any losses, damage or injury, howsoever caused, that may be sustained by me during any activity undertaken by me.

I agree that, when undertaking any activity, it is my duty to ensure that I carry out all aspects of the activity in a safe manner.

Signed \_\_\_\_\_

Print: \_\_\_\_\_

Dated: \_\_\_\_\_